

**THE METAPHORIC MIRROR: THE ALCHEMY OF
PERSONAL TRANSFORMATION**

Mark Boddy

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Alchemy | Robert Macdonald

It is a unique expression of the metaphor-forming process. Repeated .. function (transformation), the mandala (holism), and unus mundus, an alchemical notion of . truths about the human condition and the path of personal transformation.

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It is the analogy of alchemy, whose central metaphor is the sick or dying king. could associate alchemical transformation with the mutations of the King's honor. In the alchemical work as in the courtly mirror, the goal is an essential self that .

Alchemy and the Transformation of the Self Nathan Schwartz-Salant Because a 'mirror' now rests deep within a person, his or her need for outer 'mirroring' Only through the metaphorical transformation of 'lead into gold' can the mystery of .

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Something fundamental had to change. It is an opus contra naturam, so to speak.

Alchemy strives for the experience of spiritual rebirth via the union of opposites. This stage of discomfort with the status quo is necessary to initiate the alchemical process -- the dissatisfaction and discomfort turn up the psychic heat. Alchemy is a projection of a cosmic and spiritual drama in laboratory terms. It is said that the prima materia is found in a topsy-turvy place. His was a world view of animism, ensouled and infused by a variety of spirits. I can detail the nature of each of these operations later.